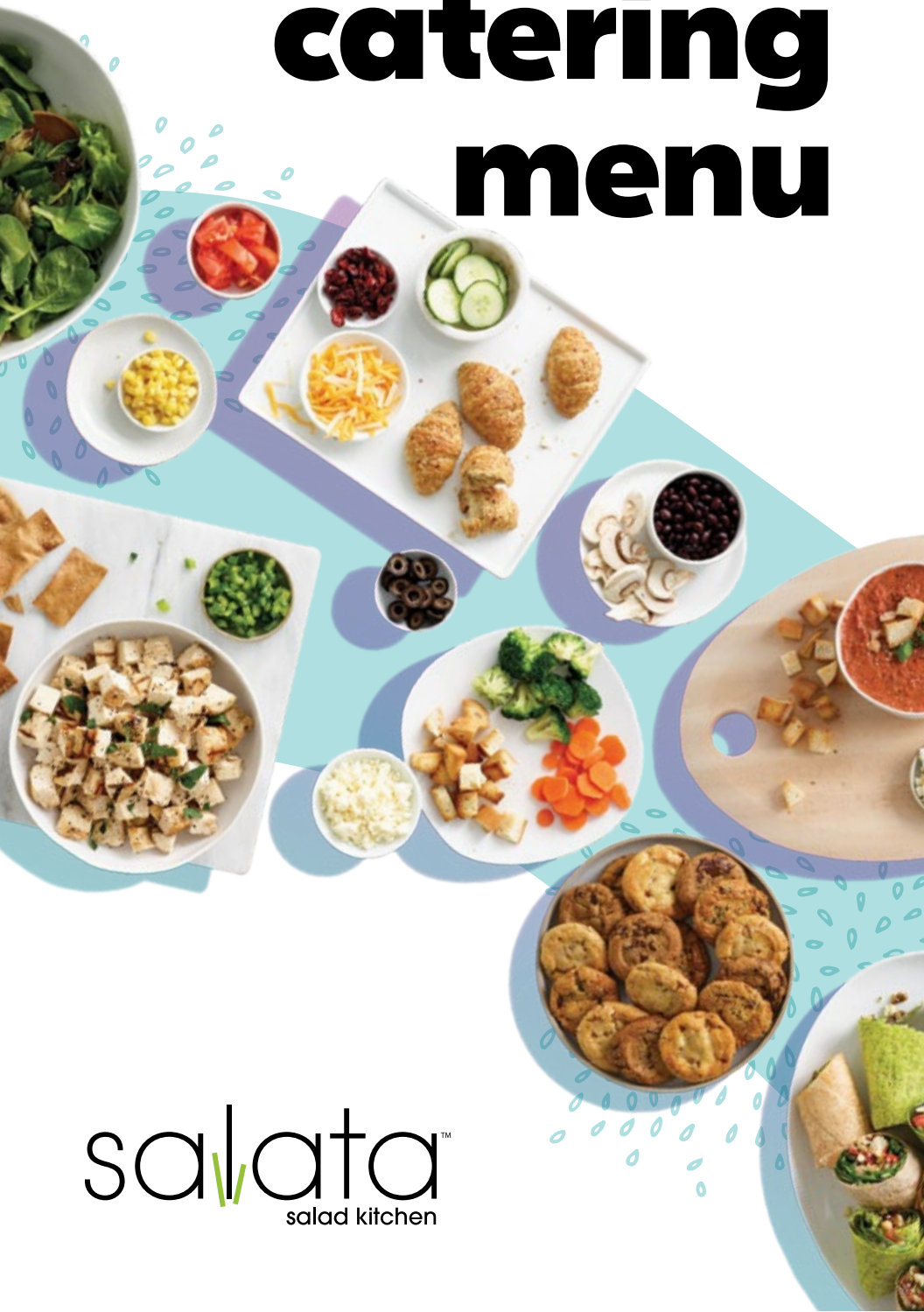


catering menu



sal|ata™
salad kitchen

catering packages

Capture the Salata experience by picking a complete package—the perfect spread for any large gathering.

10 person minimum order. Can be ordered in multiples of 5. For groups larger than 50, please contact the catering department or manager at the location from which you wish to order.

signature experience

Our Salata bar with chicken, an assortment of our most popular wraps, choice of soup, fresh fruit salad, or pesto pasta salad, and assorted cookies. Served with multigrain croissants, freshly baked croutons, and freshly baked pita chips. *1,100–2,750 cal/pp 11,000–27,510 cal*

soup + salad combo

Your choice of one of our signature soups, a salad bowl of your choice, and assorted cookies. Served with multigrain croissants. *1,090–1,620 cal/pp 10,910–16,170 cal*

wrap + salad combo

An assortment of our most popular wraps, a salad bowl of your choice, freshly baked pita chips, and assorted cookies. *1,260–1,850 cal/pp 12,600–18,450 cal*

wrap + pasta combo

An assortment of our most popular wraps and our homemade pesto pasta salad. Served with freshly baked pita chips and assorted cookies.
1,500–2,250 cal/pp 15,050–22,530 cal

**Substitute fruit salad instead of cookies for an extra charge per person. [Subtract 1,420 calories from each package.]*

Total calories for the packages are based on an order for 10 people.

Total calories will change based on the size of the order and customer choices.



salata bar

The most popular way to salad with your party, the Salata bar includes a bowl of Salata mix and 12 tasty salad toppings for personal customizing. Served with multigrain croissants, croutons and pita chips.

- corn
- black beans
- broccoli
- bell pepper
- mushrooms
- tomatoes
- cucumbers
- black olives
- feta cheese
- cheddar cheese
- cranberries
- carrots

490–1,380 cal/pp 4,900–13,760 cal 10 person minimum order. Can be ordered in multiples of 5.
Total calories for the Salata bar and add-on proteins are based on an order for 10 people.
Total calories will change based on the size of the order and customer choices.



dressing choices (each Salata bar is accompanied with 3 salad dressing selections)

12 oz. carafe per 5 people. Calories listed for one carafe.

- fresh herb vinaigrette 1,740 cal
- buttermilk ranch 1,500 cal
- ginger lime **PN** 1,860 cal
- lemon vinaigrette 1,860 cal
- classic caesar 1,740 cal
- chipotle ranch 1,320 cal
- balsamic vinaigrette 1,800 cal
- honey mustard 1,620 cal
- fat-free mango 210 cal
- fat-free sun-dried tomato 90 cal

add protein (for an additional charge)

Calories listed are for 5 servings.

- grilled chicken 600 cal
- asian bbq chicken **PN** 700 cal
- chipotle chicken 600 cal
- pesto chicken **TN** 800 cal
- baked tofu  975 cal
- quinoa  800 cal
- falafel  650 cal
- pit-smoked turkey 500 cal
- baked salmon 1,200 cal
- krabmeat 700 cal
- marinated shrimp 800 cal
- seafood mix 700 cal



salad bowl

A perfectly healthy meal on its own or a great complement to your next meeting, luncheon, party, etc. Serves 15.

Choose any of our salad selections listed below. Served with multigrain croissants. All proteins are served on the side, and any selection can be prepared vegetarian upon request by substituting the listed proteins with falafel, quinoa or tofu.

salad selections

cobb GF

Salata mix greens, tomatoes, carrots, eggs, bacon, bleu cheese, grilled chicken.

SUGGESTED DRESSING: buttermilk ranch
630/10,940 cal

greek GF TN

Salata mix greens, tomatoes, cucumbers, carrots, red onions, black olives, banana peppers, feta cheese, pesto chicken.

SUGGESTED DRESSING: fresh herb vinaigrette
570/10,350 cal

southwest GF

Salata mix greens, tomato, corn, black beans, cheddar cheese, chipotle chicken.

SUGGESTED DRESSING: chipotle ranch
500/10,100 cal

chicken caesar

Romaine hearts, fresh baked croutons, parmesan cheese, grilled chicken.

SUGGESTED DRESSING: classic caesar
650/11,250 cal

harvest GF TN

Salata mix greens, grapes, dried cranberries, feta cheese, walnuts, apples, pesto chicken.

SUGGESTED DRESSING: balsamic vinaigrette
730/12,180 cal

wrap tray

Perfect for any gathering, this option accommodates a wide variety of tastes.

Large tray serves 10–12 as a meal and 20–24 as a side. Small tray serves 6–8 as a meal and 10–12 as a side. Served with an assortment of wraps and pita chips.

small 12 wrap halves per tray **5,626 cal**

large 24 wrap halves per tray **11,406 cal**



wrap selections

southwest

Salata mix greens, tomatoes, corn, black beans, cheddar cheese, chipotle chicken, and chipotle ranch dressing in a southwest tortilla. **380 cal/half wrap**

bbq

Salata mix greens, red onions, mixed cheese, bacon, asian bbq chicken, and buttermilk ranch dressing in a bbq tortilla. **420 cal/half wrap**

italian

Spinach, mushrooms, sun-dried tomatoes, parmesan cheese, crumbled croutons, pesto chicken, and fat-free sun-dried tomato dressing on a wheat tortilla. **370 cal/half wrap**

mediterranean veggie

Salata mix greens, tomatoes, cucumbers, red onions, chickpeas, feta cheese, falafel, and fresh herb vinaigrette on a cucumber tortilla. **370 cal/half wrap**

thai crunch

Salata mix greens, cilantro, red onions, bell pepper, bean sprouts, pineapple, sesame sticks, asian bbq chicken, and ginger lime dressing on a thai ginger tortilla. **410 cal/half wrap**

chicken caesar - romaine hearts, parmesan cheese, homemade croutons, grilled chicken, and classic caesar dressing on a whole wheat tortilla. **423 cal/ half wrap**

**Any selection can be made vegetarian upon request by substituting the above proteins with quinoa, tofu or falafel. Due to our tortillas containing gluten, our wraps are not gluten-free.*



boxed lunches

Our most portable option, perfect for large groups or lunch on the go—everything you need in one box.

Salads are served with bread and a cookie. Wraps are served with pita chips and a cookie. Salad and wrap selections can be found on pages 4 – 5. **820–1,200 cal/box**

additions & substitutions



- Vegan proteins can be substituted at no additional cost.
- Substitute a premium protein for an additional charge.
- Substitute a fruit cup for a cookie for an additional charge. *(subtract 20 calories)*
- Add a fruit cup for an additional charge per person. *(180 cal per fruit cup)*

**Protein options are listed on page 2.*

***Gluten-free options available upon request.*

sides

side salad serves 15

Choose garden  (Salata mix greens, tomatoes, cucumbers and carrots)
or caesar  (romaine hearts, parmesan cheese and croutons)

3,980/5,560 cal

pasta salad serves 15

Bowtie pasta tossed with our house-made pesto sauce and topped with walnuts and parmesan cheese **6,690 cal**

signature soups

8 oz. cup of tomato basil   **330 cal**

broccoli  **150 cal**

chipotle white bean   **110 cal**

multigrain croissants

10 fresh-baked multigrain croissants, crafted with 12 whole grains
120 cal each

side of 12 oz. dressing

12 oz. carafe per 5 people. Calories listed are for one carafe.
90/1,860 cal

desserts

mixed fruit bowl **2,360 cal** serves 15 **160 cal/pp**

assorted cookies **2,840 cal** serves 15 **200 cal/pp**

drinks

gallon teas & lemonades 15 servings/gallon

- black china tea **0 cal**
- plum cinnamon tea **0 cal**
- tropical green tea **0 cal**
- raspberry lemonade **64 cal/8.5 fl oz**
- peach lemonade **64 cal/8.5 fl oz**
- prickly pear limeade **64 cal/8.5 fl oz**





LAST REVISED FEBRUARY 2019

Minimums and delivery charges may apply. Tax and gratuity are not included. Prices and items are subject to change without notice. Servers may be requested for an additional charge.